

Massage Therapy & Specialty Treatments

Personalized Massages

Stein Signature Massage | 50, 80 or 110 Minutes

Using a customized blend of techniques to address your needs, the therapist will consult with you to determine the perfect pressure and specific areas of concern to ensure optimum results.

CBD Massage | 50, 80 or 110 Minutes

When used in your massage, the CBD oil will deeply penetrate, soothe, and relax muscle tissue, while also helping to ease tension and stress. This full body treatment is excellent for restoring balance and equilibrium at a cellular level. This massage can still be customized to address your individual concerns for your best results.

Himalayan Salt Stone Massage | 80 or 110 Minutes

In this treatment, the therapist performs the massage with warmed stones made of 100% pure Himalayan salt. Himalayan salt contains 84 naturally occurring minerals and elements. The salt also removes negative ions replacing them with positive ions. This massage can improve circulation, relieve anxiety and assist insomnia. The stones also lightly exfoliate the skin during your treatment leaving your skin silky smooth.

Rebalancing Stone Therapy | 80 Minutes

Your expert therapist will use hot stones to warm your muscles, alleviating aches, pains and joint discomfort. The heat from the stones assists in healing of chronic pain, arthritic pain, and insomnia. Perfect for someone who enjoys the benefits of a deep tissue massage with a lighter touch.

Anti-Inflammatory Massage | 50 or 80 Minutes

Relieve inflammation, increase circulation, and assist in decreasing aches and pains in muscles and joints. You will start with a dry brush exfoliation to increase circulation and prepare your body to detox. Your expert masseuse will perform a specialized massage using light tissue massage, stimulating the lymphatic system to further relieve inflammation.

Ashiatsu | 80 Minutes

Inspired by Eastern massage techniques, this treatment is adapted from ancient forms of barefoot massage ("Ashi" means foot & "atsu" means pressure). Our therapist, supported by parallel bars, applies deep foot pressure to strategic points along the spine and body to achieve maximum muscle compression. One and two-footed strokes distribute pressure evenly, providing for a deep, relaxing massage.

Deserving Mothers' Massage | 50 or 80 Minutes

Specifically designed for women past their first trimester. A soothing treatment for the mother-to-be! This massage improves circulation and provides a gentle, nurturing touch for expectant mothers.

Thai Massage | 80 Minutes

A blend of stretching, acupressure and healing arts helps to adjust the skeletal structure and increase flexibility, leaving you feeling relaxed and rejuvenated. Loose-fitting workout wear or yoga garments are required for this treatment.

Couples Massage | 50, 80 or 110 Minutes

Enjoy a massage with a friend or a romantic partner on side-by-side massage tables set within our Couple's Suite. Two therapists work in unison to provide an unforgettable shared experience.

In-Room Massage | 50, 80 or 110 Minutes

Enjoy one of our custom massage treatments in the privacy of your own room. **After Hours Massages will incur an additional \$100.00 charge.*

Enhancements

Black Diamond Eye Mask

This addition calms puffiness and smooths fine lines and wrinkles leaving the under-eye area hydrated and glowing. Physician formulated Marine Collagen Eye Mask rejuvenates and removes impurities with all-natural ingredients of Black Pearl Powder, Activated Bamboo Charcoal, Hyaluronic Acid, Tea Tree Leaf Oil, and Green Tea Extract. This can be incorporated into any your treatments.

Moroccan Oil Scalp Treatment

This treatment is ideal for someone who has excess oil on the scalp. It is designed to soothe and hydrate the scalp. During your treatment you'll find it also reduces tension in the muscles while restoring shine and promoting healthy hair growth.



Massage Therapy & Specialty Treatments

Specialty Treatments

Altitude Relief | 80 or 110 Minutes

Your therapist will greet you and perform a full body relaxation massage, incorporating an aromatherapy oil to assist in alleviating the symptoms of high altitude. You will then be wrapped in an infrared blanket, which will reduce toxins in the body, while your therapist performs a neck & scalp massage. The treatment will conclude with a face massage incorporating cold stones to lessen sinus pressure and migraine symptoms. The Oxygen Inhalation will begin to replenish the oxygen concentration throughout your body and alleviate any altitude issues.

Mountain "Healing" | 50 Minutes

Soothe and revitalize tired, sore legs and feet. A clay mask refreshes aching feet while hot stones melt away tension, increase circulation and eliminate toxins. This treatment restores peak performance to stressed muscles.

Stein Body Polish | 75 Minutes

An all over body exfoliation, this treatment removes dead skin cells and oxygenates the skin. Following exfoliation, you will be rinsed with a Vichy rain bar before the skin is nourished with the application of richly hydrating aromatic oil.

Purifying Body Boost | 80 Minutes

A full body dry exfoliation with a clay mask application that detoxifies and revitalizes. Your expert therapist will perform a neck and scalp massage while the clay hydrates and releases toxins. Once the wrap is removed, the clay mask will be rinsed with a soothing, warm Vichy rain bar. Your treatment will conclude with a relaxing aromatic massage, leaving your skin richly nourished.

Toxi-Cleanse | 50 or 80 Minutes

Helps to combat the effect of accumulated toxins in the body. Relieves water retention, improves sluggish circulation and purifies the body, helping in the fight against cellulite. After receiving a dry brush polish, your therapist will apply a detoxifying aromatherapy oil and wrap you in an infrared blanket, melting away up to 500 calories while receiving a relaxing scalp massage.

Oxygen Treatment | 25 Minutes

This treatment provides numerous health benefits including high altitude relief, symptom relief, mental clarity and detoxification. This treatment is particularly beneficial at higher altitudes.



Time for Two | 25 Minutes

Pair your Couples' services with time in our private relaxation room to enjoy a gourmet selection of meat & cheeses in front of the fireplace.



Facials & Salon Services

Nail Services

Alpine Manicure | 50 Minutes

A delightfully hydrating treatment for the delicate skin of the hands. This moisturizing manicure offers a warm hand soak, hydrating scrub and massage to soothe your hands, leaving them looking elegant and well groomed. Nail shaping and cuticle work are included, followed by a beautiful polish finish.

Stein Signature Manicure | 80 Minutes

This all-inclusive treatment is the ultimate in attention to detail for perfect hands. The ritual begins with a specialized scrub to exfoliate the hands and continues with paraffin treatment. A massage follows with warm lotion to soothe and soften the skin. Nail shaping, cuticle work, and callous softening are all included, followed by a beautiful gel polish finish.

Alpine Pedicure | 50 Minutes

A delightfully hydrating treatment. This moisturizing pedicure offers a relaxing foot soak, hydrating scrub, massage, and specialized mask to hydrate and soothe tired feet. A top quality polish application completes this treatment.

Stein Signature Pedicure | 80 Minutes

Treat your feet to the ultimate in pampering and relaxation beginning with a soothing soak. Your cuticles and nails will receive special care and attention. A relaxing calf & foot hot stone massage will be performed, followed by a paraffin treatment to hydrate and leave your feet feeling silky smooth. A top quality polish application completes this treatment.

Gel Polish Removal | 20 Minutes

Gel Polish Application | 20 Minutes

**Please let reservationist know at time of booking if you have gel polish already applied so that the appropriate appointment time can be booked.*

Hair Care

All hair services include a hair consultation, a warm towel wrap, and access to our beautiful spa relaxation area. Price adjustments will be determined during your consultation and based on your hair length and density.

- **Women's Haircut & Blowout**
- **Women's Shampoo & Blowout**
- **Gentlemen's Haircut**
- **Partial Foil Highlight**
- **Full Foil Highlight**
- **Special Occasion Style**

Makeup

Makeup Consultation

Special Occasion Application

Our professional makeup artist will work with you to create the perfect look for your special occasions. Their extensive training will help you create your desired results, using pallets from classic and natural to bold and dramatic.

Specialized Services

We offer a number of specialized services, including lash and brow tinting, and facial and body waxing. For pricing, please contact The Spa.

Bridal Packages

Please contact the spa directly to customize a Bridal Package that will meet your needs:

(855) 876-4395

spa@steinlodge.com



Facials & Salon Services

Facials

Stein Signature Facial | 50 or 80 Minutes

Our expert estheticians will consult with you to customize your experience based on your skin needs. Indulge in this personalized treatment for the ultimate skin rejuvenation.

Après Ski Facial | 50 Minutes

Reset dry, dehydrated, irritated skin. This targeted post-slope treatment envelops the skin in rich moisture while utilizing clinically proven peptides and the latest in hydrating technology to leave your skin calm, dewy and ready to face the slopes again.

Mankind Facial | 50 or 80 Minutes

Designed to treat men's specific skin concerns. A deep cleansing and exfoliating facial balances the skin's natural oils, soothes irritation and prevents ingrown hairs. The treatment closes with a relaxing massage to tone and firm facial muscles, leaving the face looking fresh and revitalized.

Sculpting Collagen Facial | 80 Minutes

This transformative facial combines cutting edge skin care with advanced tissue manipulation techniques and a pure native collagen mask to sculpt, lift, firm, and hydrate. Your skin will reveal a youthful glow while defying gravity.



CBD Facial | 50 or 80 Minutes

Infuse your facial experience with CBD to draw out impurities while restoring your skin's natural flora balance. Use of light age-defying moisturizer helps to protect from environmental assault and oxidative stressors.

HydraFacial® | 50 or 80 Minutes

Experience a results-driven HydraFacial® treatment to moisturize, brighten, plump, and protect. Through the use of patented vacuum technology to infuse ultra-nourishing antioxidants and intensive peptide serums at a deeper level, you will leave with an instantly gratifying glow.

When you enhance your Hydrafacial treatment to an 80 minute it will include either the Proprietary DermaBuilder or the Britenol with no additional charge. This can be upgraded to the CTGF for \$45.

HydroFacial® Boosters (can be added to either 50 or 80 minute)

Proprietary DermaBuilder is delivered to help effectively address fine lines, skin tone evenness and texture. \$50 additional to service.

Britenol is specially formulated to target dark spots and sun damaged areas. Britenol is clinically proven to leave skin glowing with a more even complexion. \$50 additional to service.

CTGF (Connective Tissue Growth Factor) is specifically designed to restore skin health, which helps diminish the appearance of fine lines and wrinkles. \$95 additional to service.



Etiquette & Wellness

About Us

At 23,000-square-feet with more than 16 treatment rooms, The Spa offers guests the ultimate in decadence and relaxation. Separate, spacious relaxation rooms for men and women include access to a sauna, steam room and hot and cold plunge baths.

Utah's only Forbes Five-Star spa includes two couple's treatment rooms, two Vichy wet treatment rooms, Nail Suite and a separate salon for hair and makeup services.

Wellness Experiences

Seasonally, guests can enjoy a variety of complimentary wellness classes during each stay. These are exclusive to guests of Stein Eriksen Lodge.

Private yoga, meditations, personal training, hikes, or other mindful activities can be scheduled and tailored to a private group setting as well. Sessions subject to availability.

Please contact Spa directly for class options and pricing for the perfect health addition to your luxury spa experience.

Medical Needs

Kindly inform us of any special or medical needs that require additional attention. If you are pregnant, or have specific medical conditions, some treatments are not recommended. If you are unsure, please ask.

Age

Children under the age of 12 are not permitted in The Spa. We invite our guests from the ages of 12 to 17 to experience spa services and facilities when accompanied by an adult.



Spa Reservations & Cancellations

(855) 876-4395

For maximum convenience and flexibility, we recommend that you schedule your spa sessions in advance of your visit. Appointments may be guaranteed with a credit card, room or confirmation number. As we reserve your appointment time especially for you, please provide 24-hour advance notice should you need to change or cancel your appointment. No-shows and guests who cancel less than 24 hours before an appointment time will be billed for the full price. Late arrival for any service will limit the length of treatment.

Spa Hours

(855) 876-4395

Winter Spa Services: 8am-8pm
Summer Spa Services: 9am-7pm
Pool Area: 7am-9pm
Fitness Center: 5am-11pm



Etiquette & Wellness

Facials

Stein Signature Facial 50 or 80 min	\$210 / \$295
Après Ski Facial 50	\$225
CBD Facial 50 or 80 min	\$235 / \$315
HydraFacial® 50 or 80 min	\$295 / \$385
Sculpting Collagen Facial 80 min	\$325
Mankind Facial 50 or 80 min	\$205 / \$295

Massages

Stein Signature Massage 50, 80 or 110 min	\$200 / \$300 / \$380
CBD Massage 50, 80 or 110 min	\$245 / \$345 / \$425
Himalayan Salt Stone Massage 50, 80 or 110 min	\$215 / 315 / \$410
Rebalancing Stone Therapy 80 min	\$315
Anti-Inflammatory Massage 50 or 80 min	\$220 / \$290
Deserving Mothers' Massage 50 or 80 min	\$200 / \$300
Ashiatsu 80 min	\$315
Thai Massage 80 min	\$315
Couples Massage 50, 80 or 110 min	\$400 / \$600 / \$760
In-Room Massage 50, 80 or 110 min	\$300 / \$400 / \$480

Specialty Treatments

Altitude Relief 80 or 110 Minutes	\$320 / \$405
Mountain "Heeling" 50 Minutes	\$200
Oxygen Treatment 25 Minutes	\$80
Purifying Body Boost 80 Minutes	\$310
Toxi-Cleanse 50 or 80 Minutes	\$230 / \$320
Stein Body Polish 75 Minutes	\$350

Nail Services

Stein Signature Manicure 80 Minutes	\$100
Alpine Manicure 50 Minutes	\$75
Stein Signature Pedicure 80 Minutes	\$120
Alpine Pedicure 50 Minutes	\$95
Shellac Manicure 50 Minutes	\$85
Gel Polish Removal 20 Minutes	\$25
Gel Polish Application 20 Minutes	\$25

Hair Care

Women's Haircut & Blowout	\$80
Women's Shampoo & Blowout	\$75
Gentlemen's Haircut	\$50
Partial Foil Highlight	\$110
Full Foil Highlight	\$200
Special Occasion Style	\$120

Makeup

Makeup Consultation	\$95
Special Occasion Application	\$120

Wellness Experiences

Private Wellness Sessions	\$150 per hour
Private Groups of 15 or more	\$250 per hour

*Automatic 20% gratuity added to all services for your convenience. Adjusted amount at your discretion at the time of check out.

